

# nexnews

## MORE STORIES WORKING FROM HOME

As we enter another new week of 'Working From Home', virtual interactions and the role of technology is at its peak for all of us right now. Working from home has been, in some ways, an experiment that's teaching us as individuals and as employees a lot about how well we function when we're not all together.

At a time like where we are right now when we've all been social-distancing and being socially responsible towards each other and our nation, it has taught us to overcome many challenges we never thought we could. But it has also taught us not to take things for granted. Read on below to today's feature of WFH stories and reminders from Nurhaslina (Lin), Ivy and Auzee.

And as a bonus, check out the WFH Survey results at the very end of this article to see how many others share your thoughts too!

### 1. HOW HAS WORK LIFE BEEN SINCE THE WORK FROM HOME ("WFH") ORDER WAS IMPLEMENTED?

**LIN**

“ Very **challenging**; feel **guilty** for being so unproductive. ”



**IVY**

“ Not easy in the beginning as trying to **adapt to the technology** way and practice social distancing into my daily life; meeting & chatting online with Family, colleagues and friends. ”

**AUZEE**

“ I'm handling it **pretty well** surprisingly. I feel more **fulfilled** and have **better control** of things. ”

### 2. WHAT HAS BEEN THE MOST CHALLENGING PART OF WFH?

**LIN**

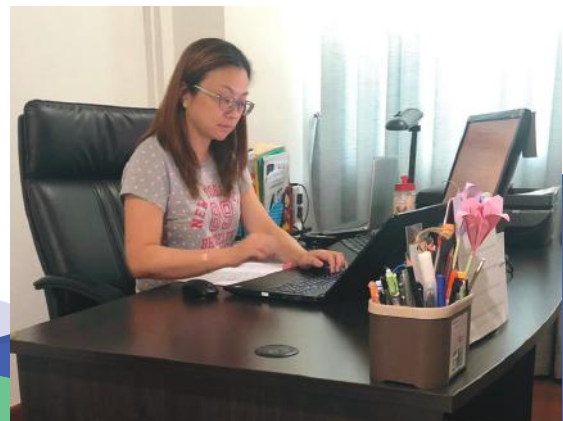
“ As it is a **new experience**, most challenging part is - I always get **distracted** by the people at home (especially my niece and nephew) and things to do at home like laundry, cooking. Ohhh also, I do my work in my bedroom, where my bed never fail to call me to rest!! Hahaha. ”

**IVY**

“ Some works still **require physical documents** to be signed off and require to run the errand in order to **complete the process**. ”

**AUZEE**

“ I think the fact the meetings are all done via Zoom or other online platforms means we totally depend on our **internet bandwidth, data and stability** even more. Living with 5 people at home where everyone uses the internet simultaneously makes consistent online conversation a little tough as line breakage comes and goes. (Extra bandwidth please? :D) ”



### 3. WHAT NEW HABITS HAVE YOU CREATED OR STARTED DOING SINCE WFH?

**LIN**

“ Due to Covid-19, I wash my hand and use hand sanitizer more frequent and also spray the house and bathroom with Dettol disinfectant spray early morning! ”

**AUZEE**

“ I've actually started waking up and checked in half an hour earlier than I usually do in the office. Surprise! It has even given my family a shock. ”

**IVY**

“ Recycle, Reuse and Reduce. DIY! ”



### 4. DESCRIBE YOUR EXPERIENCE.

**LIN**

“ Was very excited! Because I don't have to drive to work, no more stuck in a jam and traffic. But after 1 week, I realized that I am so unproductive and all pending works that I'm supposed to do, I only do it half way! Might be because I am a bit shocked, too much distraction at home and still in need to adapt to WFH accordingly. After realizing it, I reflect and think what went wrong and I am now back on track and slowly started to minimize things that I shouldn't do while doing work at home. ”

**IVY**

“ To practice social distancing and everything to work online has been a big change to me. Trying to set up a comfortable working area at home and stay away from children while working from home are not so easy too. I tend to overlook time to lunch or break or mix up the personal time and working time. Due to WFH, I have been doing everything online now compare to before which I'm reluctant to do. ”

**AUZEE**

“ Feels like university again where I do most of our assignments at home so I'm actually productive and feel younger. Since most of my work currently requires me to do business research and analysis, the comfort of my home and almost no social distraction within my surrounding allows me to focus better. Also, I save gas money and breakfast/lunch money (home cooked food and Dalgona coffee anyone? :D ) Being in my room means I can turn it into my own personal clubbing spot with my loud music in the background as I type away for work and dance/sing along with no one to look funny at me. However, I do sure miss seeing everyone from work in person. I miss you all. ”

### 5. DO YOU HAVE ANY TIPS THAT YOU'VE DONE OR HAVE FOUND USEFUL TO IN ADJUSTING TO WFH?

**LIN**

“ In the early morning, I remind myself that I am WFH, not on-leave. I have made my own WFH schedule where I need to discipline myself to follow it. The WFH schedule is something like this: from 8am - 10 am, I will sit at my work station and focus doing my work (break in between) and from 10am - 11am, I will take a break to do my home-life (such as cooking). In the afternoon I will focus back doing my work. I think long morning break (10am -11am) is necessary for myself as I realized that I get more distracted in the morning. It is a trial and error thing, where in the end you will find the way that fits well to your situation. Don't give up! ”

**IVY**

“ Plan what to do for the day in order to manage your time wisely. Have a working area with no other distractions such as TV, gyms or others. This will help you to focus work and think clearly. ”

**AUZEE**

“ Keep your normal routine as before WFH to allow yourself to practice self-discipline so you can set your mentality to a working state (waking up, showering, breakfast, checking in, etc;). Remember that your colleagues still exist and don't hesitate to talk to them when things get too difficult for you to cope with this change. Also, do some indoor home workout as a healthy body can help give us a healthy mind. Stay strong, everyone! ”

6. BONUS QUESTION! WHAT DO YOU LOOK FORWARD TO AFTER THIS PANDEMIC HAS DIED DOWN?

LIN

“ Bring my car to car wash! As now I prefer to stay at home and stay safe. ”

IVY

“ Meet up with my parents, siblings and in laws. Catch up with my buddies. Continue to stay healthy and happy! Maintain self-hygiene too. ”

AUZEE

“ I actually miss our big telco family and the warm ‘good mornings’ and ‘how are yous’ from everyone at work. I also miss eating with people from work so I definitely am excited for that. I definitely miss my afterwork dance classes and game nights (DnD) too. ”

7. LAST QUESTION: DO YOU HAVE ANY MESSAGES OR A QUOTE YOU'D LIKE TO GIVE, SHARE OR REMIND YOUR COLLEAGUES AND FRIENDS AT WORK?

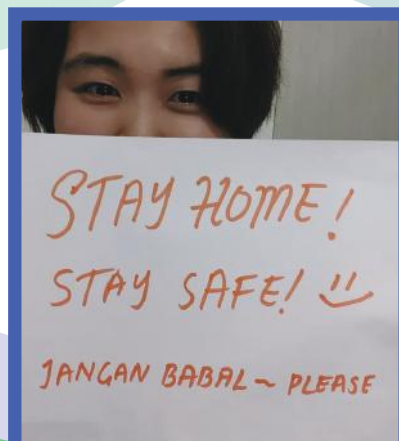
LIN



IVY

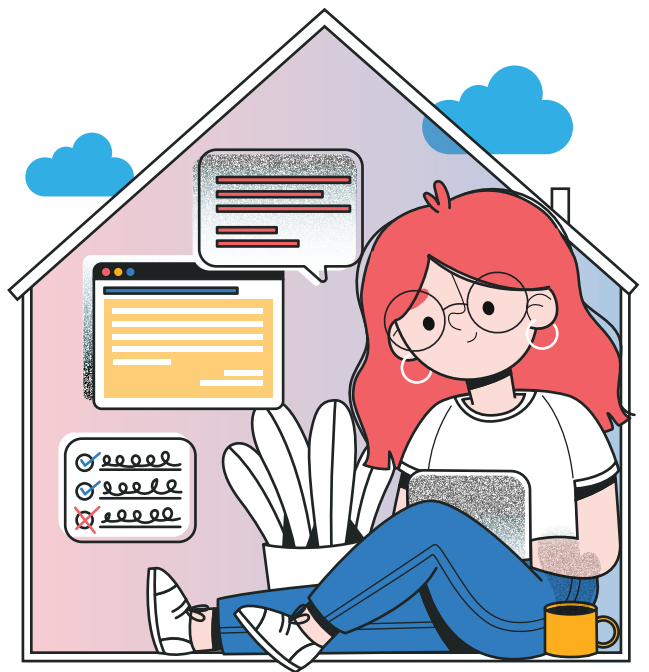


AUZEE



# WORK FROM HOME

S U R V E Y



## PRODUCTIVITY

75%

Nex.US Staff answered that since working from home, their productivity levels have increased.



PRODUCTIVITY

## WORKLIFE BALANCE = QUALITY OF LIFE

80%

agreed that since the Nex.US WFH Order was implemented, work and home-life have been managed better, even though some have encountered challenges.

The TOP 2 challenges agreed by the majority, which surprisingly isn't 'home entertainment', are

**'CHALLENGES IN COORDINATING WITH COLLEAGUES' AT**

51%

**'INTERNET INSTABILITY'**

19%



## THE FUTURE

At least

64%

believed that 'Working From Home' should be adopted in the future

## OFFICE VS HOME

70%

answered that they work effectively at the office, given the environment it has set.

86%

like the idea of the flexibility of working both from home as well as at the office.

## CANDID COMMENTS (by respondents)

*'I get distracted by food (at home)'*

*'being present and having presence have different outcome'*

*'I think work should be done at the office to preserve the work-life balance, increased productivity and helping to not have us stay at home 24/7'*

*'With virtual office, companies may not have to provide permanent office space.'*

*'Essentially, work-life balance is important. Being able to work from home on days you need will be such a relief. Whilst working in the office can boost one's morale and focus. Having the option to mix both would be superb.'*

